

## ***“DDSP.....Setting Standards of Excellence in Mobile Dance & Fitness Education for Children & Youth since 2008!”***

Since 2008, Difinity Dance has been partnering with Arts Organisations to provide accessible performance arts, wellness, and fitness education across MB. Difinity's programs have been instructed in schools, daycares, fitness centres, and dance studios through grant funding, and fundraising initiatives. We have created one of a kind dance, music, and fitness programs built on per-age physical literacy foundations and years of experience. What makes our programs special is that our Educators are required to have an education in dance, group fitness, personal training, disability studies, and coaching. They have also undergone additional education in early childhood education, and child psychology.

### ***THE DDSP DIFFERENCE.....***

DDSP Educators and Choreographers are committed to creating a safe and respectful, all inclusive, learning environment by having extensive training in early child education, Manitoba standards in physical literacy, disability studies, learning styles, and integrated teaching methodologies.

We respect and welcome diverse students, and are always seeking innovative cultural dance techniques and teachings to add to our curriculum's.

All of our Educators are required to complete the following before they are accepted into our Educator Training Development courses:

1. **Criminal Record check**
2. **Child Abuse Registry check**
3. **Vulnerable Person's Abuse Registry Check**
4. **Commit2Kids for Coaches** (Sexual Abuse & Bullying Prevention)
5. **Coaching Athletes with a Disability** (Coaching Association of Canada)
  6. **Respect in Sport for Activity Leaders** (Sport Manitoba)
  7. **Group Fitness Leadership Certification** (CANFIT PRO or MFC)
  8. **Physical Literacy Educator Specialist** (CANFITPRO or MFC)

Depending on our Educator's chosen specialty of expertise with DDSP, they will also be required to obtain specific coaching and fitness designations in Sport, Fitness, and Dance, or renew all applicable certifications. Our Educators also undergo extensive year round training with DDSP, and dance organization's across Canada. Their CPR/ First Aid certification is always up to date, and our Educators are fully insured, and adhere to our strict code of conduct.

### ***WHAT WE OFFER....***

DDSP offers dance, fitness, cirque, and theatre education through our trademarked programs to Daycares and Schools across Manitoba, year round.

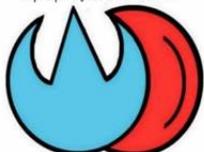


# DIFINITY DANCE STUDIO & PRODUCTIONS CHILD & YOUTH DANCE & FITNESS EDUCATION



Ballet~Lyrical~Yoga.

Hip Hop~Bollywood~African~Latin



KIDS WORLD DANCE



YOGANASTICS  
Yoga~Gymnastics~Pilates



ST. DANCE

HIP HOP~AFRICAN~BOLLYWOOD~LATIN



CIRCUS ELEMENTS



JUMPANCEFIT

MULTI-CULTURAL DANCE & TRAMPOLINE ACRO FITNESS

## SERVICES DESCRIPTION

**BODY POETRY** teaches foundational skills in level 1 to 2 ballet, lyrical dance, and yoga to classic and contemporary songs from kids movies, and TV shows. Kids come alive as they learn to express their emotions through theatrical gestures and movements creating shapes with their bodies. From sad to mad, to happy and fierce, children learn how to demonstrate their emotions in a safe, positive, peer-to-peer engaging format.

**WORLD DANCE** features beginner-intermediate Hip Hop, Jazz, Bollywood, Afro-Caribbean and Latin choreography. The focus is to teach a wide range of traditional and modern dance choreography while engaging students in team building, self-directed artistic practice through out the class. Each day the focus would be on a particular dance style you select.

**YOGANASTICS** utilizes elements of yoga, and gymnastics tumbling exercises and poses for cardio training, and muscular development and strength, This is a pre-require program for kids interested in learning the Circus Elements program. Bringing yoga to another level by fusing dance and yoga together. Instructor leads participants on an adventure and kids pose and move according to the unique sounds, and story being explored.

**STREET DANCE** focus of this program is to offer students trending cultural street dances through an accessible, modern dance education. Students receive introductory to authentic cross-cultural dance steps in African, Bollywood, and Latin Dance built on the foundations of Hip Hop & Jazz. To ensure Manitoba and Canada physical literacy standards are met, students engage in conditioning yoga and pilates warm-up drills to improve over all cardio vascular strength and endurance.

This high energy program is a one of a kind fusion of pilates, yoga, and acrobatic dance conditioning exercises that utilizes gymnastics, yoga, and resistance training elements to balance the entire body. This program can be offered indoors or outdoors, and is ideal for adults with sports related or work related injuries for its physiotherapy rehabilitation elements. It also improves balance, posture, muscular endurance and flexibility for children, youth, and adults. Using fun-filled Cirque music and drills, participants are able to drastically improve their over-all motor-coordination.

This program is a fusion of multi cultural dance, and Cirque trampoline fitness, as well as Acro Dance. Students will learn how to dance on Rebounders and Bosu balls using the science of Cirque acro-dance training. Students will dramatically improve their over-all motor coordination and flexibility.

## LUNCH & AFTER SCHOOL CLUBS

Clubs are cost effective and convenient for parents; easy for Schools, and are designed to be fun for boys and girls of all ages. Clubs can run anywhere from 6 to 10 weeks per Term; 3 Terms per year. Clubs are usually held during the school day as a curriculum enrichment for Phys-Ed or Performance Arts, or at the end of the school day as a parent-requested service. There is an optional in-formal recital for parents to view the progress of the students, however the focus is on skill development versus performance development. Clubs are student-centered, and Teacher-led choreography is developed around the students interest and current fitness and dance abilities.

## CURRICULUM BASED WORKSHOPS/ CLASSES

Difinity Dance works cooperatively with classroom teachers to fulfill the Arts Curriculum from Grades K-8 through the teaching of dance and fitness classes. Curriculum programs are customized based on each individuals goals and budget. We provide modern performance arts inclusive education to daycares and schools through our trademarked programs. 2 Instructors can teach a maximum of 2 classrooms at a time, for a maximum total of approximately 60 students. Schools and daycares may choose from full days of instruction for the entire school, multiple days for selected grades, or a single occurrence workshop.

## AGE GROUPS./ LENGTH OF SERVICE

(1 yr-2yr) 35 Mins (2yr-3yr) 40 Mins  
(3yr- 5yr) 45 Mins (5yr-8yr) 1 Hour

“DDSP.....Setting Standards of Excellence in Mobile Dance & Fitness Education for Children & Youth since 2008!”

**BOOK TODAY & ASK ABOUT OUR PROMOTIONAL OFFERS & GRANT ASSISTANCE SERVICES TO FUND YOUR BOOKING!**